

MONICA L. GRACYALNY

60 W. Olsen Road, #3800
Thousand Oaks, CA
mgracyal@callutheran.edu
(805) 493-3761

EDUCATION

- Ph.D.** Communication, August 2011
Arizona State University
Content areas: Interpersonal, Nonverbal, Emotion, & Health communication
Interdisciplinary Specialization in Psychophysiology of Emotion
- M.A.** Communication, May 2007
University of Wisconsin – Milwaukee
- B.A.** Communication, August 2005
University of Wisconsin – Milwaukee

TEACHING

Assistant Professor

August 2011 – Present

Department of Communication

California Lutheran University, *Thousand Oaks, CA*

COM 300	Communication Research Methods
COM 301	Persuasive Communication Campaigns
COM 306	Business & Professional Communication
COM 315	Small Group Communication
COM 335	Interpersonal Communication
COM 336	Nonverbal Communication
COM 401	Communication Theories; Capstone
COM 497	Communication Departmental Honors
HNRS 282	Honors Seminar: Thinking About Emotions
UNIV 101	Freshman Year Experience

Graduate Instructor

Fall 2007 – August 2011

Hugh Downs School of Human Communication

Arizona State University, *Tempe, AZ*

Stand alone instructor – responsible for course development, instruction, grading and management.

COM 408	Quantitative Research Methods in Communication
COM 310	Relational Communication
COM 308	Advanced Research Methods in Communication
COM 259	Communication for Business and the Professions (Online)

COM 230 Small Group Communication
 COM 110 Interpersonal Communication

Undergraduate Research Mentor

COM 404 Research Apprenticeship – mentored undergraduate students on communication research projects.

Online Adjunct Faculty

Spring 2009 – Spring 2011

Grand Canyon University

COM 445 Communication Issues and Critical Thinking
 COM 311 Principles of Public Relations
 COM 126 Communication and the Media
 COM 101 Introduction to Human Communication Theory
 UNV 103 University Success

Graduate Teaching Assistant

Fall 2005 – Summer 2006

COM 105 Business and Professional Communication
 University of Wisconsin - Milwaukee

RESEARCH

Culver Mentor & Research Fellows Program

Summer 2016, Fall 2016

Department of Communication
 California Lutheran University
 Conduct original research and mentor undergraduate research fellows on multi-stage project examining public apologies communicated via social media (*with Professor Jean Sandlin*)

Senior Research Associate

September 2009 – August 2011

Shiota Psychophysiology Lab
 Department of Psychology
 Arizona State University
 Supervised psychophysiological emotion research including design, data collection, data management, and analysis

Editorial Assistant

January 2009 – September 2010

Journal of Social and Personal Relationships

Graduate Research Assistant

September 2006 – May 2007

Research Assistant on federally funded research grant
 University of Wisconsin - Milwaukee
Topic: Families coping with HIV: The impact of a mother's HIV infection
Supervisors: Drs. Lindsay Timmerman and Jennifer Peterson

PUBLICATIONS

Gracyalny, M. L. (in press). Measurement scales: Likert and Likert-type. In M. R. Allen (Ed.), *The Sage Encyclopedia of Communication Research Methods*. Thousand Oaks: Sage.

Szmania, S. J. & Gracyalny, M. L. (2006). Addressing the court, the offender, and the community: A communication analysis of victim impact statements in a non-capital sentencing hearing. *The International Review of Victimology*, 13, 231-249.

MANUSCRIPTS UNDER REVIEW

Gracyalny, M. L., & Mongeau, P. M. (under review). Verbal and nonverbal expressions of remorse in romantic relationships. *Western Journal of Communication* (**revision in progress; August 2016**).

Gracyalny, M. L., Guerrero, L. K., & Jackson, D. C. (under review). Perceptions of partner remedial strategies as correlates of cognitive forgiveness and forgiving communication following hurtful events in dating relationships.

Guerrero, L. K., Jackson, D. C., & Gracyalny, M. L. (under review). Communicative responses to hurtful events: An extension of the expectancy violations theory explanation. *Communication Monographs*

WORK IN PROGRESS

Gracyalny, M. L., Mongeau, P. M., & Don, B. P. (in progress). Assessing the Voice of Conscience: Measuring Remorse Experience and Expression. *Making final edits to manuscript for submission to journal.*

Gracyalny, M. L., & Mongeau, P. M. (in progress). Say it like you mean it: Perceptions of partner sincerity in remorse expression following transgressions in romantic relationships. *Data analysis in process.*

Gracyalny, M. L., & Shiota, M. L. (in progress). Autonomic reactivity, empathy, and communicative responses to remorse in close relationships. *Data collection completed.*

Sandlin, J. K., & Gracyalny, M. L. (in progress; final author order to be determined). The Sorry State of Social Media: Analyzing Public Apologies. *Preliminary review of literature completed, funds for data collection secured, and phase 1 of data collection completed. Phase 2 underway.*

Medders, R. B., Gracyalny, M., & Jones, M. (in progress). The role of vocal tone in perceptions of non-verbal bias in the media.

Preliminary review of literature completed, funds for data collection secured, and study design is underway.

PRESENTATIONS

Gracyalny, M. L., Jackson, D. C., & Guerrero, L. K. (2016, November). *The Role of Uncertainty in Forgiveness and Forgiveness-granting Communication Following Hurtful Events in Romantic Relationships*. Paper accepted for presentation to the National Communication Association Annual Convention, Philadelphia, Pennsylvania.

Gracyalny, M. L. (2016, July). *Associations Between Insecure Adult Attachment and the Experience and Expression of Remorse in Close Relationships*. Poster presented to the International Association of Relationship Research Annual Conference, Toronto, Canada.

Jackson, D. C., & Gracyalny, M. L. (2016, July). *The Role of Uncertainty in Communication and Relational Outcomes Following Hurtful Events in Dating Relationships: A Relational Turbulence Perspective*. Poster presented to the International Association of Relationship Research Annual Conference, Toronto, Canada.

Gracyalny, M.L., & Mongeau, P.M. (2015, November). *The Effects of Victims' Responses to Hurt on Offenders' Remorse in Close Relationships: A Mediation Analysis*. Paper presented to the National Communication Association Annual Convention, Las Vegas, Nevada.

Guerrero, L. K., Jackson, D. C., & Gracyalny, M. L. (2015, November). *Communicative responses to hurtful events: An extension of the expectancy violations theory application*. Paper presented to the National Communication Association Convention, Las Vegas, Nevada.

Gracyalny, M.L. (2012, July). *Perceptions of Victim Motivations as Correlates of Remorse Expression and Forgiveness Following Hurtful Events in Close Relationships*. Paper presented to the International Association of Relationship Research Conference, Chicago, Illinois.

Gracyalny, M. L., & Mongeau, P. M. (2011, November). *Assessing the Voice of Conscience: Development of Remorse Experience and Expression Scales*. Paper presented to the National Communication Association Convention, New Orleans, Louisiana.

Gracyalny, M. L., & Mongeau, P. M. (2010, November). *Expressing remorse in close relationships: Verbal and nonverbal components of remorse*. Paper presented to The National Communication Association Convention, San Francisco, California (*Top Paper in Nonverbal Communication Division*).

- Gracyalny, M. L., & Mongeau, P. M. (2010, July). *Expressing remorse: Perceptions of partner sincerity following transgressions in romantic relationships*. Poster presented to the International Association for Relationship Research Annual Convention, Herzilya, Israel.
- Smith, A. C., & Gracyalny, M. L. (2010, February). *Associations among breakup communication, forgiveness, and current relational quality following romantic relationship termination*. Paper presented to Western States Communication Association Convention, Monterrey, California.
- Jackson, D. C., Guerrero, L. K., & Gracyalny, M. L. (2009, November). *Communicative responses following hurtful events in dating relationships: Adding perceptions of remedial strategies to an expectancy violations model*. Poster presented to the New Directions in Research on Close Relationships IARR Conference, Lawrence, Kansas.
- Gracyalny, M. L. (2009, September). *Conceptualizing the expression of remorse*. Presentation to Department of Psychology Emotion Research Meeting, Arizona State University.
- Gracyalny, M. L., Jackson, D. C., & Guerrero, L. K. (2008, November). *A second look: Forgiveness and communicative responses to hurtful events*. Paper presented to the National Communication Association Convention, San Diego, California.
- Gracyalny, M. L. (2008, February). *Conceptualizing the communication of remorse*. Paper presented to the Western States Communication Association Convention, Boulder, Colorado.
- Gracyalny, M. L. (2007, November). *The co-creation of identity and trust in online dating: An analysis of Match.com*. Paper presented to The National Communication Association Convention, Chicago, Illinois.
- Gracyalny, M. L. (2006, November). *The value of victim impact statements: The role of emotional language in offender remorse*. Paper presented to The National Communication Association Convention, San Antonio, Texas.
- Szmania, S. J., & Gracyalny, M. L. (2006, November). *A communicative analysis of victim impact statements in the case of the Green River Killer: Practice and policy implications*. Paper presented to The National Communication Association Convention, San Antonio, Texas (*Top 3 Competitive Paper in Communication and the Law*).
- Szmania, S. J. & Gracyalny, M. L. (2006, March). *Victim impact statements in the Green River Killer case*. Presentation to the University of Wisconsin – Milwaukee Department of Communication Colloquium Series.

HONORS & AWARDS

- Nominated for “Diversity Professor of the Year”, California Lutheran University, 2015 – 2016
 Top Paper in Nonverbal Communication Division, NCA, 2010
 M. H. Miller Award for Highest Graduate GPA, 2007

M. H. Miller Award for Outstanding Graduate Research, 2007
 Department of Communication Special Service Award, 2007
 Top 3 Paper in Communication and the Law Division, NCA, 2006
 The John Paul Jones Memorial Trust Scholarship, 2006
 The Amelia Lucas Trust Scholarship, 2006
 The Chancellor's Graduate Student Award, 2005-2006
 Department of Communication Outstanding Undergraduate GPA Award, 2005

GRANTS RECEIVED

Culver Mentor & Research Fellows Program, Fall 2016. California Lutheran University, \$1,500.
 Culver Mentor & Research Fellows Program, Summer 2016. California Lutheran University, \$1,500.
 Hewlett Grant, 2015, 2011. California Lutheran University, \$1,000 each year
 NetVue Grant Member, 2013-2014. California Lutheran University, \$500
 Autonomic Reactivity, Empathy, and Remorse, 2010. Arizona State University Graduate College Research Grant, \$1,360
 Competitive Travel Grant, 2010. Graduate Student Professional Association, \$900
 Travel Grant, Hugh Downs School of Human Communication, 2007-2010, \$350 each year
 Travel Grant, Arizona State Graduate Student Professional Association, 2007-2009

SERVICE

Communication Discipline

Editorial Assistant
Journal of Social and Personal Relationships, January 2009 – September 2010
 Panel Chair, Interpersonal Communication Division
 National Communication Association Annual Conference, November, 2010
 Invited Reviewer
Journal of Religion and Popular Culture, January 2009
 Invited Reviewer
Journal of Social and Personal Relationships, September 2007 – Present
 Invited Reviewer
Personal Relationships, March 2010 – Present

Research Grant Reviewer
ASU Graduate and Professional Student Association, 2009, 2010

Student Paper Reviewer
National Communication Association, November 2007

University Service

Committees

EPPC – General Education Subcommittee Member, August 2015 – Present
California Lutheran University

Institutional Review Board Member, August 2012 – May 2015
California Lutheran University

Faculty Search Committee Member
California Lutheran University

Psychology Department – Psychology Faculty Search, 2014-2015

Bachelors Degree for Professionals – Communication Faculty Search, 2013-2014

Communication Department – Journalism Faculty Search, 2012-2013

Communication Department – Mass Communication Faculty Search, 2011-2012

Communication Department – Film & Television Production Faculty Search, 2011-2012

Psychology Undergraduate Honors Committee – Alicia Nunez' Committee member, 2014-2015
California Lutheran University

Communication Graduate Student Association
Arizona State University, Fall 2007 – August 2011

Department of Communication Graduate Advisory Committee, 2005-2006
University of Milwaukee – Wisconsin

Invited Presentations

Faculty Research Presentation – “The Communication of Remorse in Close Relationships”
Faculty Retreat, August 24, 2016
California Lutheran University

Guest Speaker – “Expressing Remorse in Close Relationships”
Honors Student Organization “Food for Thought” Program, April 2015
California Lutheran University

CTL Presentation – “Valuing the Introvert Student”
Center for Teaching and Learning Faculty Lunch Series, March 2015
California Lutheran University

Student Advising/Mentoring Activities

Faculty Advisor to Student Clubs

California Lutheran University

Her Campus, 2015 – Present

MYLife (Outstanding Student Organization Award Recipient, 2014), 2012 – 2015

Empower Town Campus Workshop Faculty Advisor – March 2, 2013

Involvement Fair Faculty Representative – February 5, 2013

Undergraduate Honors Thesis Advisor

California Lutheran University

Shaleena Bautista, Communication, 2016-2017

Christopher Otmar, Communication, 2015-2016

Ashley Aaland, Communication, 2015-2016

Jack McFarland, Communication, 2015-2016

Brittany Smolarski & Annika Stenjfjord, University Honors Program, 2015-2016

Alex Wardle, Communication, 2014 – 2015

Andrea Ferraud, Communication, 2012 – 2013

Heather Ford, Communication, 2012 – 2013

T2CLU Transfer Student Advising Events – Communication Faculty Representative

California Lutheran University

August 10, 2016

August 12, 2015

May 20, 2014

August 14, 2013

June 7, 2012

Transfer Student Advising Workshops – Communication Department

California Lutheran University

October 30, 2013

October 16, 2012

New Student Orientation, Freshman Year Experience Faculty, August 28 – September 1, 2014

California Lutheran University

New Student Orientation - Transfer Student Faculty Mentor, August 31 – September 2, 2012

California Lutheran University

Transfer Student Event “Professors & Pizookis” – October 8, 2012

California Lutheran University

Peer Mentor, Hugh Downs School of Human Communication, August 2010 – August 2011

Arizona State University

Recruitment Activities

Presidential Host Visits – Communication Faculty Representative
California Lutheran University

February 21, 2014

May 8, 2012

Admitted Student Day – Communication Faculty Representative
California Lutheran University

Mock Lecture, “Nonverbal Communication and Perception” - April 13, 2013

Academic, Involvement, and Student Services Fair - March 24, 2012

Honors Visit Day – Communication Faculty Representative
California Lutheran University

March 9, 2012

February 24, 2012

National Communication Association Recruitment Volunteer
Arizona State University, Fall 2007, 2008, 2010

Departmental Service

Guest Lecturer – “Professionalism in the Workplace”
Communication Department Internship Program
California Lutheran University

March 3, 2015

October 13, 2014

March 25, 2014

November 4, 2013

Communication Department Survey Administration
California Lutheran University

Communication Alumni Survey – October, 2014

Graduating Senior Survey – November, 2014

Film Festival Judge – May 8, 2014
California Lutheran University

Volunteer Actor in Student Film – April, 2014
California Lutheran University

Community Service

Volunteer Counter, Greater Los Angeles Homeless Count – January, 2015
Los Angeles Homeless Services Authority

“Benefits of Intergenerational Communication” – September, 2014
Ventura County Star Interview

MEMBERSHIP

Broadcast Education Association
International Association of Relationship Research
International Communication Association
National Communication Association
Western States Communication Association