A World of Memories

With suitcases packed and passport in hand, Sarah Heath ’70 travels around the world, helping people help themselves and filling her treasure chest of memories.

SPECIAL FOCUS ON CHANGING CAREERS, CHANGING LIVES

In this issue, CLU Magazine features two alums and a faculty member who have made life-altering changes through new career directions.

10 From Singapore to CLU

After spending two decades ensconced in the fast-paced world of international marketing, Randall Donohue chose to return to his native country and a career in higher education.

16 Grocery Store Lawyer

CLU’s motto “Love of Christ, Truth and Freedom” has led Ingrid Larson ’68 through the halls of justice to behind the counter of her own small town grocery store.

18 Just Call Me Doctor

Having reached the pinnacle of his profession, Peter McDermott, M.D., ’92 decided it was time to try something different. His journey began in a history class at CLU.

GIVING THAT MAKES A DIFFERENCE

“The joy of sharing” — Ronald and Walda Anderson

Fall 2002 Volume 10 Number 1

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CLU MAGAZINE

THE MAGAZINE OF CALIFORNIA LUTHERAN UNIVERSITY

President’s Page .......................... 4
Campus Highlights ......................... 5
Sports Scoreboard .......................... 8
Calendar .................................... 31

DONOR FEATURE

10 A World of Memories

14 From Singapore to CLU

16 Grocery Store Lawyer

18 Just Call Me Doctor

ALUMNI NEWS

20 Class Notes

24 Milestones

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The mission of California Lutheran University is to be a diverse scholarly community dedicated to excellence in the liberal arts and professional studies. Rooted in the Lutheran tradition of Christian faith, the University encourages critical inquiry into matters of faith and reason. The mission of the university is to educate leaders for a global society who are strong in character and judgment, confident in their identity and vocation, and committed to service and justice.

CLU Magazine is an equal opportunity employer. California Lutheran University endeavors to be a smoke-free campus.

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Values and Vision

By Luther S. Ludlow, Ph.D.

A nce stocks that have today’s college students faced more tragedy and challenge than in the aftermath of Sept. 11, 2001. The terrorist attacks elicited acts of heroism that revealed the basic nobility of our nation and the character of its people. Over the past year, however, we have also seen the collapse of inflated stocks and financial markets and the exposure of crime, greed and arrogancy among corporate, government and civic leaders we have entrusted with the security and well-being of the nation.

The importance of institutions like California Lutheran University has never been greater. CLU’s mission “to educate leaders for a global society who will strengthen in character and judgment” speaks powerfully to the needs of the day. While much of our University energy and resources have been devoted to building a 21st century campus for an expanding student body, these are only means toward the end of building the lives of responsible citizens for our nation and the world.

With this end in mind, the University has created a new Center for Leadership and Values in the School of Business, inaugurated the Segerhammar Center for Faith and Culture, joined a national coalition of colleges and universities involved in service learning, and intensified its community outreach and peace and justice programs.

The national soul-searching of the past year coincided with a “re-visualization” process at CLU that involved critical and creative contributions from all constituencies and culminated in a bold, deliberate vision to “be the best liberal arts university in California.” The new vision began with a statement of “core values” upon which CLU is building its life and the lives of its students:

• As a university — we are committed above all to academic excellence and the rigorous pursuit of truth.
• As a church-related university — we are nourished by the Christian heritage, encourage active faith and seek to serve our neighbors.
• As a community — we embrace people of all faiths, value diversity and inclusiveness, practice tolerance and acceptance, and treat one another with respect, civility and compassion.

As an employer — we expect a high level of performance and nurture the professional and personal development of our faculty, administration and staff.

As a civic organization — we actively promote the social, cultural and economic health of our community.

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FAL 2002

RAY OF THEIR PERSONAL LIVES AND CAREERS
honoring those who are an inspiration to America's
Fame and Dallas Cowboys Ring of Honor Coach,
Named in honor of Pro Football Hall of
Medal at the first CLU Circle of Friends Dinner

Reeves coached the Denver Broncos from 1981-92, guiding the team to three Super Bowls, and the New York Giants From 1993-96, where he
turned around a 6-10 team to an 11-5 team in his first season.
A full-time assistant coach under Tom Landry for eight seasons when the Cowboys spent sum-
ners at CLU Reeves helped lead Dallas to a
Super Bowl win over Denver in 1978.

COACH REEVES TO RECEIVE LANDRY AWARD
Atlanta Falcons Head Coach Dan Reeves has
reached a two-year deal to receive CLU's presti-
igious Landry Medal at the first CLU Circle of Friends

Named in honor of Pro Football Hall of
Fame and Dallas Cowboys Ring of Honor Coach,
Thomas Wade Lanyard, the Landry Medal was
established by California Lutheran University to
honor those who are an inspiration to America's

Youth. The recipients are individuals who provide leadership through strong Christian commitment and who distinguish themselves through the integ-

rity of their personal lives and careers.

New Convocators Elected
Eleven new convocators were
introduced at CLU's Founders Day
Convocation in October. The 100-
member assembly, representatives of the church, faculty, students and
community, elected a slate of nominees to the Board of Regents at its annual
fall meeting.
The following convocators were
appointed to three-year terms:
Laurel McCauley, Phoenix, Ariz.
and Jim Day, Lake Havasu City,
Ariz. (Grand Canyon Synod); the
Rev. Dan Mangler, Etiwanda, Calif.
(Rocky Mountain Synod); Jon Crum,
Mission Vejo, Calif.; Karen Hughes,
Escondido, Calif.; and the Rev. Mark
Nahidah, Santa Fe, Calif. (California
Synod); the Rev. David Mulini,
Oakland, Calif.; and Susan Derwin-
Voss, Sacramento, Calif. (Sierra
Pacific Synod); the Rev. Matthew
Smith, Yorba Linda, Calif.; Granada Hil,
Southwest California Synod; Misha
Rahsn, Everett, Wash.; and the Rev.
Bill Blundell, Worthington, Minn.
(Az, Large).

TRAINING VEHICLES GIVE BOOST
to CLU ATHLETICS PROGRAM
CLU's Athletic Department has received two new,
specially designed athletic training vehicles to use
in their rapidly growing Exercise Science and
Sports Medicine program.

Through a partnership with Van Vermeesch,
Powers Machinery in Oxnard, Mike Lewis of
received the cash to purchase the vehicles.

“Marvelous Marv” and “Big John” in honor of the
super bowl win over Denver in 1978.

For the eighth straight year, CLU has been placed in the top
tier of Western Regional
Universities in the U.S. News &
World Report annual rank-
ings. The liberal arts and sci-
cence university ranked 24th
among schools (from Texas to
the West Coast) offering quality
bachelor’s and master’s degrees.
CLU has consistently remained in the top
25 in the rigorous ranking system of universities
in the western United States. The rankings were
released in U.S. News & World Report America's
Best Colleges Guide 2003 and the U.S. News &
World Report magazine in September. For an
complete listing of U.S. News & World Report rankings,
see their Web site at www.usnews.com.

U.S. NEWS RANKS CLU AMONG
TOP TIER SCHOOLS IN WEST

New Sports Information Director on Board
Scott Flanders has been named CLU Sports
Information Director. Flanders comes to CLU
from Park City, Utah, where he served as Media
Coordinator for the U.S. Ski and Snowboard
Association, the national governing body for
Olympic skiing and snowboarding in the United
States.

Flanders received a degree in sociology with a
concentration in sport studies from the University
of New Hampshire, Durham in 1994. He has had
10 years experience in sports and media relations,
promotions and promotions. Flanders has worked at
major sporting events including the 2002 Olympic
Winter Games, Winter Goodwill Games, the U.S.
Open for Snowboarding, and several NCAA tour-
naments. In addition, he has had seven years expe-
rience in NCAA Division I Sports Information, serving as the Assistant Athletic Media Relations
Director at University of New Hampshire, Durham
and at Cal Poly, San Luis

Kathy Havl, left, a teacher at La Reina High School,
and Denise Powell, a teacher at Monte Vista Middle
School, prepare samples to perform PCR (poly-
nuclease chain reaction) during the biochemistry
unit of the Amgen Summer Science Institute.

Globalization
Globalization at What Price? Economic Change and Daily Life by
Pamela K. Brubaker, Ph.D. (Religion) examines the ways
globalization affects our daily lives and the lives of others,
the ethical questions that the global economy raises, and the resources
that the Christian faith offers that equip people to work for eco-
genous justice. (The Pilgrim Press, 2001)

Culture, Politics, and Nationalism in the Age of Globalization, edited by
Renzo Lukic, Ph.D. and Michael Brint, Ph.D. (Political Science), is a collection of scholarly essays by Brint, Lukic and
others that examine the cultural politics of nationalism, especially as it affects the American cultural and European politics where
it is undergoing the most intense scrutiny (Aldgate Publishing Co., 2001)

Sports
Co-authored by Paul Gathercoal, Ph.D. (Education), Beverly Reilly Bryde, Ph.D. (Education), Forrest Gathercoal, J.D. and
Nan Verkaik, M.A. ’02, Julikins Coaching is written primarily for
coaches working with student-athletes who play team sports.
The book provides ideas and strategies for helping student-athletes
to balance the demands of both academics and athletics. (Caddo
Gap Press, 2002)

In the preface to Athletics Risk Management - Safety Handbook for gymastics and other sports activities, William Sanders, Ph.D.,
C.S.C.S. (Biology), and Scott Flanders, (Exercise and Sports Medicine) notes that as the cul-
ture of gymnastics has become increasingly complex, the safety of gymnasts remains the primary concern of all gymnastics pro-
grams. This handbook is the official text for USA Gymnastics
Safety Certification Courses. (USA Gymnastics Inc., 2002)

Parenting
Do the years have to be so painful? In Difficult Teens: A Parent's Guide for Coping, Robert J. Meadows, Ph.D., (Criminal Justice) and
Joan Blacher, Ph.D. (Education Emerita) address the social and psychological sources of defiance and family guilt,
and offer advice on school resources, legal issues and strategies.
(Meadow Oaks Press, 2002)

Romance
Love, Loyalty, Betrayal. Zantinius, by Walter Stewart, Ph.D., (German), is the story of an unexpected romance that would
effect generations yet unborn. In the year 1882, Friedrich Nietzsche, the most brilliant philosopher of the 19th century, was
the bride of creating his masterwork of the human spirit when he fell in love with the most provocative woman of the age, the
sociable and young Lou von Salome – and the course of human
history was changed forever. (MetropolisInk, 2002)

A Pop Culture Paraphrase of Nietzsche's Amor Fatuo, by
M. Michael Reilly Bryde, Ph.D., (Religion) is a collection of
scholarly essays by Bryde, Flanders and others that examines the
cultural politics of nationalism, especially as it affects the American cultural and European politics where
it is undergoing the most intense scrutiny (Aldgate Publishing Co., 2001)
FOUR KINGS NAMED TO ALL-WEST REGION TEAMS

Four CLU baseball players were named to American Baseball Coaches Association All-West Region Teams. One was tabbed First Team, while two were named to the Second Team and one to the Third Team.

Junior outfielder Jason Claros (El Cajon) made his way onto the First Team by batting .385 and leading the Kingsmen in home runs with 11. He also led the squad in RBI (44), total bases (77), slugging percentage (.740) and stolen bases (11) while starting in 37 of 38 games.

Sophomore pitcher Jason Hirsch (Burbank) and junior catcher Taylor Slimak (Moorpark) were named to the Second Team. Hirsch led the Kingsmen in innings pitched (80) while posting an ERA of just 2.92. He went 9-2 for the season in nine starts, giving up a mere 80 hits and throwing three complete games. Slimak of just 2.92. He went 9-2 for the season with a 29-9 overall record and a .354 batting average, leading the team with a .446 batting average and threw three complete games. Slimak led the team with a .446 batting average.

Second baseman Jay Hoffman (Burbank) and junior catcher Steve Maitland (Encino), who was named to the Third Team. Maitland hit .351 with 11 doubles and was a perfect 11-for-11 in home runs with 11. He also had a team-high .321 on base percentage.

CAMPUS HIGHLIGHTS

The CLU Athletics Department announced several key hirings over the summer months, including a head softball coach/Assistant Athletic Director, a head volleyball coach and several additions to the football staff.

In August, Athletic Director Bruce Byrd announced the appointment of Debby Day to take over the reigns of the Regals softball program as well as serve in the role of Assistant Athletic Director/Senior Woman Administrator.

Day brings extensive experience on both the playing and coaching sides to Cal Lutheran. She has been the head coach of the Burbank High School varsity softball team since 1997 and was an assistant coach at NCAA Division I member Iowa State from 1993-95. She is also a private pitching instructor in the San Fernando Valley and works with Mike Calder’s Sandshoe Softball Camps.

As a two-year player at the University of Arizona, Day, primarily a pitcher and first baseman, was a member of the 1991 national championship team. The 1992 team won the Pac-10 championship and was a runner-up at the World Series. Day was tabbed All-American, All-World Series and All-Pac-10 both seasons. Before joining the Wildcats, Day played two seasons at the University of Texas-Arlington (1988-89). In 1988, she led the nation in season strikeouts and broke seven Southland Conference records, including most wins, innings pitched, strikeouts and lower ERA.

Day received a degree in American literature with a minor in communication from Arizona in 1992. She is currently pursuing a teaching credential and a master’s degree in special education at National University in Sherman Oaks.

Jay Hoffman, a 1983 graduate of CLU, was named head volleyball coach in June. Hoffman is no stranger to the program as he has been the first assistant coach for the past nine years. Since Hoffman has been with the Regals, the squad has won five SCIAC championships and participated in the NCAA tournament six times, finishing as the national runner-up in 1995. Hoffman played four years of volleyball at Cal Lutheran.

The Kingsmen football program added three coaches to the staff. BJ Connolly was named Defensive Coordinator in July. His prior experience spent at Pomona-Pitzer, Oberlin College and Syracuse. A 1984 graduate of Williams College with a degree in psychology, Connolly played football for four years, starting three of those at quarterback. Kyle Murphy will guide the offensive line for head coach Stu Squires. Murphy played at Arizona State and went to the Rose Bowl in 1996. Chris Czernek will serve as an offensive assistant. A 2002 graduate of CLU, Czernek broke several school records in his two years at quarterback. The Newbury Park local was named 2001 Offensive Player of the Year in the SCIAC.

Newest Academic Facility Opens with Great Fanfare

The 30,000-square-foot Spies-Bornemann Center, which is situated along the academic corridor behind the Soiland Humanities Center, promotes teaching with technology, enhancing the overall academic experience of students preparing for careers in education. The center also boasts a distance learning classroom, television studio and a model laboratory.

MAJOR DONORS

($10,000 and above)

- Allen 70 and Karen (Bourne) ’70 Spies
- Gary 77 and Carolyn Spies (jm ’74 and Cindy Bourne)’75
- Beverly Bourne
- Knig Lanson
- Diane (Spies ’76) and James House
- Arla Bornemann
- Mary and Frank Soland
- Jim and Susan Swenson

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- Sydney and Robert Anderson
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- Charles and Elise (Olson ’71)
- Cohen
- Robert and Dorothy Olson
- Evany G. Price
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- Mary Pieggy
- Kenneth, ’67 and Kristen (Budding 14’) Lundring
- Elbert and Vernaide Voge
- Dolly Greenwood ’82
- Bryan Kenneth
- Wayne and Phyllis Rickert
- Sidney Stern Memorial Trust

CAMPUS HIGHLIGHTS

Newest Academic Facility Opens with Great Fanfare

CLU’s newest academic center – the Spies-Bornemann Center for Education and Technology – opened its doors in time for the start of fall classes on Sept. 4. The $6.2 million, high-tech facility was the biggest attraction on campus ever before the formal dedication ceremonies were held on Oct. 26.

Housing classrooms as well as offices for the School of Education faculty, the center provides a brand new venue for the start of CLU’s first doctoral program in educational leadership. Along with the School of Education, the Spies-Bornemann Center is home to Media Services, School of Education Graduate Enrollment Services and the Communication Department.

State Senator Jack O’Connell, an acknowledged education leader in California, delivered the keynote address. A former high school teacher, O’Connell is the author of California’s landmark class size reduction program, beginning teacher salary incentives, Cal Grants for students pursuing teaching credentials and the high school exit exams.

Members of the Spies and Bornemann families, for whom the center is named, were on hand at the dedication ceremonies. Their $3 million gift to the University supports the development of the latest high-tech facility and other future capital projects. Allan and Karen Spies spoke on behalf of the family. Numerous other donors who contributed to the new center were also honored during the ceremonies and at a dinner following the Saturday afternoon event.
World of Memories

By Peggy L. Johnson

Sarah Heath is not your typical traveler. Forget the tour buses, souvenir shops and disposable cameras. Pass on the Caribbean cruise, Eiffel Tower and Taj Mahal. This extraordinary CLU alumna’s itinerary is more likely to include such out-of-the-way destinations as Bangladesh, Botswana, Namibia, Bulgaria, Kazakhstan, Kyrgyzstan and Bolivia. What’s more, she doesn’t just travel through these developing countries; she travels to them for the purpose of aiding in their development.

Besides travel, education is of primary importance to this voyager. “I have always told my children that I hoped they would get all the education they possibly could and experience all the travel they possibly could,” she says. And over the years, Heath has been a role model for her philosophy. She considers herself very lucky to have traveled to more than 70 countries.

Heath joined the Peace Corps and was assigned to the Government of Botswana where she headed a department responsible for the management and business activities in 25 nongovernmental organizations (NGOs). These NGOs function much like nonprofits in the United States with boards of directors, paid staff and a constituency. Heath established the first program in the country that trained board members on how to be board members.

During her years in Botswana—the first two as a Peace Corps volunteer and the second two as a U.S. AID contractor—her work took her to remote areas throughout the country where she sometimes slept in a sleeping bag in an empty school room and sometimes stayed in a fishing camp. “The most remote location I traveled to involved a three-hour charter flight plus a 30-minute 4-wheel-drive ride plus a 30-minute boat ride!” she laughs. “Every minute of the four years was exhilarating, challenging, sometimes frustrating but always infinitely rewarding,” she adds.

Volunteering for the Peace Corps came naturally to this adventurer. Volunteerism has been a part of her life since childhood, beginning with scouting and YMCA camps and activities. And as soon as she was old enough to vote, she became politically involved, starting out by stuffing and stamping envelopes. But, Heath says, it was completing her undergraduate degree at CLU that helped build her self-esteem and gave her the confidence to continue in the not-for-profit arena as a professional.

Shortly after her graduation in 1970, she ran for and was elected to public office as a member of a parks and recreation district board in Camarillo. That four-year term included a stint as president of the California Association of Recreation and Park Districts. Following an unsuccessful run for the California State Assembly, Heath became Executive Director of the United Way of Ventura County, a position she held for three years before moving to Los Angeles to continue in the not-for-profit arena as a professional.

As United Way Heath grew to realize how important uniting community leadership can be in solving the social problems that all communities have. “Our nation has such a talent pool in the not-for-profit arena,” she says. “We have educated and dedicated activists who are doing what they do because they want to make our world a better place. It is a system that really is unique to the United States.”

The dedication Heath recognized in others was a reflection of her own commitment. And her desire to make the world a better place coincided perfectly with her wandering nature. A few years after her return from Botswana, the “overseas bug hit again” and Heath accepted her second assignment with the Peace Corps. It was the early 90s, following the fall of Communism, and the Peace Corps was rapidly opening new programs in many of the former Soviet Republics.

After completing all the required training and even shipping her household goods to Lithuania, Heath learned at the very last minute that she was being sent to Bulgaria instead. “Unfortunately, I spoke no Bulgarian, could not read the Cyrillic alphabet, had no place to live, and had only one other American staff with 52 volunteers,” she laments. The
students have the privilege that of each other. The scholarships of my life – CLU and southern Africa – meet and become a part of each other, because I wanted to have these two extremely important parts because I wanted to have these years and more recently included CLU in her estate plan as a way of expressing her gratitude to the University. “It is only natural to include CLU in my estate planning,” she adds. Adding to the endowed scholarships, Heath discovered that most of the staff had studied English but had little confidence in speaking it. Without a translator she managed to communicate by speaking very slowly and using a lot of flip charts. Her job was to teach basic management techniques to the people with changing political and economic climates.

The war broke out right over the hill in Bosnia; Macedonia proclaimed itself independent; in fact, the entire Balkan area seemed ready to explode,” she recalls. Embassy staff was demobilized and on very high alert. After three months, Heath’s young assistant returned home due to the stress of living in such a difficult atmosphere, and no one was sent to take her place. Heath struggled to keep the Peace Corps program afloat for nearly 12 months, but her health began to fail, and she elected to return to the United States. Since that time, she has accepted only short-term assignments of three or six months.

Over the past 10 years, these assignments have been varied and challenging. In Kazakhstan and Kyrgyzstan, Heath was assigned to work with a group of newly formed NGOs to do board of directors training. For six weeks, she traveled between the capital cities of Alma-Ata, Almaty, and Shymkent, in small rural and urban areas, teaching and shopping in the open air markets without a translator. “I remember getting hopelessly lost on foot in Almaty, Kazakhstan, and not being able to read a word of Cyrillic alphabet and wandering around for two hours in 95-degree heat,” she laughs.

Language also presented a problem in Bangladesh. Hired by the International Foundation for Election Systems out of Washington, D.C., to develop and teach a management training program for three weeks, Heath discovered that most of the staff had studied English but had little confidence in speaking it. Without a translator she managed to communicate by speaking very slowly and using a lot of

CONTINUED FROM PAGE 11

KEELEY KENEFICK

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“I was motivated to establish the international scholarship because I wanted to have these two extremely important parts of my life – CLU and southern Africa – meet and become a part of each other. The scholarships are a small way of helping other students have the privilege that I did – of attending CLU.”

The reasons most often cited by the popular press are

1. Dissatisfaction with current career
2. Soul searching prompted by the Sept. 11 terrorist attacks
3. Recession layoff or job loss

The reasons most often cited by the popular press are

1. Dissatisfaction with current career
2. Soul searching prompted by the Sept. 11 terrorist attacks
3. Recession layoff or job loss
While recovering from back surgery 12 years ago, Randall Donohue had plenty of time to think about his life.

He contemplated his many years as an international marketing executive. He thought about the profitable marketing activities he directed in 14 Asian countries. He considered his family: wife, Virginia, and sons, Adam and Jose; and the comfortable life they had built in Singapore. And, he came to the conclusion that he wasn’t satisfied, that he wanted something else – to live more of a life of service.

Donohue had spent two decades traveling from one Asian country to another, securing multimillion-dollar contracts and in the process becoming conversant in several Asian languages – Hindi, Urdu, Kannada and Balans Indonesia. Now an instructor in CLU’s School of Business, he has moved from the fast-track world of international business to a career in higher education.

His transition from business to education, as it turned out, proved to be fairly effortless for Donohue. He had already earned a master of science in international marketing from the University of Strathclyde, Glasgow, Scotland, and a bachelor’s in rhetoric/communications from Willamette University in Salem, Ore. He had taught high school speech, journalism and mass communication in Silverton, Ore., after graduating from Willamette in 1969.

But, at the time, teaching simply didn’t meet his needs. “I had too much energy and curiosity,” he explains. “I felt claustrophobic. I thought ‘I can’t stay in teaching because I haven’t been out there and lived yet.’”

Donohue realizes that he was very young when he taught high school. Nevertheless, he recalls, “I felt the usefulness and joy that comes from working with young minds, and thought this would be a great thing to do for the rest of my life.”

The combined lure of adventure and service beckoned the young man and his wife. So they joined the Peace Corps and were posted to Bilir District, Karnataka State, India. Donohue, who was raised on a farm in the state of Washington, became a horticultural extension agent while Virginia served as a nutrition extension agent. “It was by far the formative experience of our lives,” he remembers.

The Donohues lived on a BTS month in a remote village with no running water or electricity. They saw the way most of the world lives, and it gave them a new perspective and a strong basis for comparing everything. “We know how rich we are, what a privilege it is to have clean drinking water, to have a hot shower and be able to read after dark,” Donohue says.

After serving two years in India, the couple returned to the United States, where they took up residency in his home state of Washington. Donohue joined the Department of Natural Resources in Olympia and was soon promoted to Director of Public Affairs for the agency. In that capacity, he developed statewide public relations plans, organized public hearings and managed a team of writers, editors, photographers and TV cameramen.

When Washington’s first woman governor, Dixie Lee Ray, took office, she appointed the 32-year-old Donohue to manage the state’s first-ever overseas trade office. “We investigated where the best location would be and picked Singapore. It was fantastic – healthy, green and modern — and we found the best trade partners for our smaller and medium-size firms.”

The trade director served in this capacity for six years. “I had the best trading partners for our smaller and medium-size firms,” he reflects. “We found the best location would be and picked Singapore. It was fantastic – healthy, green and modern — and had the best trade partners for our smaller and medium-size firms.”

The trade director served in this capacity for six years. “I felt like the inertia might keep us there forever. I really had to make a project out of Singapore or return to the U.S. ‘We were very involved in Singapore. I felt like the inertia might keep us there forever. I really had to make a project of getting us back to the States,” Donohue recalls.

Two important factors tipped the Donohues’ decision to return to the U.S. First, their two sons, both educated through high school in Singapore, had returned to the States to attend college and, second, CLU offered Donohue a teaching position in marketing.

Grateful to be back home and on the CLU faculty, Donohue still carries vestiges from his former life. His house is graced with art and souvenirs from the countries where he has served, and his professional papers center on public relations and marketing in Asia. The combination of his experiences and academic research is a boon to his classes.

“You answer students’ questions with examples from your own experience,” Donohue explains. “In addition to theory you can give them a sense of how things really work – a sense of the gray areas and the delightful contradictions of the marketplace.”

It’s the “gray areas” that often call to Donohue who admits he misses the problem-solving aspect of corporate life as well as the management responsibilities. With his dissertation completed, he intends to pursue part-time consulting in international marketing. He believes he must keep involved with the business world to remain a viable teacher of business.

At the same time, Donohue found himself at a crossroads — whether to stay in Singapore or return to the U.S. “We were very involved in Singapore. I felt like the inertia might keep us there forever. I really had to make a project of getting us back to the States,” Donohue recalls.

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Ingrid Larson's law of "Christ, Truth and Freedom" has never waned, and she has always blazed new paths for herself keeping her alma mater's motto as her guide. A member of the Class of 1968, Larson was the first unmarried female student allowed to move off campus. "I was a rebel, within reason," she says. I found dorm life my senior year too restrictive," she says. "I wanted to be able to bake bread and cook meals and entertain my friends, and dorm life just didn't permit. So, I nervously met with the Dean of Women and stated my position. Her initiative apparently paid off, and she was granted permission to move off campus.

The ability to state her position continues to serve her well. After she passed the California bar, Larson says, she acquainted herself anew with church and worship. "I rededicated the joy of listening to God!" Larson produced a sense of peace that led to the purchase of the grocery store, a choice that Larson considers a true calling. "We are feeding a community. Dan and I truly believe that we have been called to do this at our ministry. We are servants of a community. We have been here long enough that the town has a problem: no viable grocery store...and the need had to be filled by people who were good stewards."

"One night in late July of 2000, I approached Dan. If I have to go to court, I run upstairs to the wooden benches in front of the grocery store. If I have to go to court, I run upstairs to the wooden benches in front of the grocery store. Like something out of a TV sitcom, the grocery store lawyer has traveled full circle. "I pick and choose what I want to spend my time listening to lawyers every day telling me how to think." To this he replied, "Let's go out to dinner!"

"We are feeding a community. Dan and I truly believe that we have been called to do this at our ministry. We are servants of a community. We have been here long enough that the town has a problem...no viable grocery store...and the need had to be filled by people who were good stewards." The problem solving pair have produced a unique grocery store that caters to a wide variety of tastes and needs. "We surveyed the residents of the town before opening, asking them what types of food they wanted. We quickly learned of food allergies and special dietary needs - diabetics, wheat allergies, lactose intolerence. I had never seen it before." Larson says. "The job at the IRS had lost its allure, and the job was fulfilling on a number of levels. "I was respected in the business community." The job was fulfilling on a number of levels. "I became one of the top eviction lawyers in Sonoma County," she says proudly, adding that the job was fulfilling on a number of levels. "I was able to make the law work for people...to follow the law provided a decent income, and I was respected in the business community." The unfulfilling portion was dealing with precedents and procedures within the courts system that to Larson made sense in all other them to perpetuate the bureaucracy.

Her marriage came to an end, she says. "I just kept plugging along. I kept my eyes and ears open at all times and remained receptive to every opportunity that came my way," she says.

"It was a perfect time," she recalls, but admits that her career blossomed. "It was hard...I wanted to be able to bake bread and cook meals and entertain my friends, and dorm life just didn't permit. So, I nervously met with the Dean of Women and stated my position. Her initiative apparently paid off, and she was granted permission to move off campus."

"I looked at him with intensity and said, "You cannot practice law anymore." Being the judge seemed bored and disinterested with the case of the two combatants. "The next day I withdrew my petition having concluded that however noble it might be to be a judge, I did not want to spend my time listening to lawyers every day telling me how to think." While her law practice was gratifying, nothing under the surface was that intuitive, restless personality and Larson struggled with whether or not she was truly fulfilled.

She met Farrington in 1991 in the morning of the local YMCA. The two spent some time running at the Y and she fell comfortable with him. "He was afraid because he was not at all my type," she explain. "We walked and talked every morning for six weeks and then hugged under a tree and fell in love." They were married on Christmas Eve morning in 1991.

After her children, Chap and Andy graduated from college, Larson grew even more restless. "Dan and I both love Downieville. During [previous] visits, we shared dreams of returning to Downieville, but never had we considered changing careers."

All of that changed in mid-summer's eve. "One night in late July of 2000, I approached Dan's kitchen in the kitchen, while dinner was being prepared and said, "I can't do this anymore!" To this he replied, "Let's go out to dinner!"

"The problem solving pair have produced a unique grocery store that caters to a wide variety of tastes and needs. "We surveyed the residents of the town before opening, asking them what types of food they wanted. We quickly learned of food allergies and special dietary needs - diabetics, wheat allergies, lactose intolerance. I had never seen it before."

Larson now knows her clientele and the clientele's simple mission - to provide quality groceries to residents and visitors at reasonable prices. "Sometimes getting challenges in the midst of the diversity of people they have to provide for. She knows the items as if they were her own grocery list and names them off like a rapid fire machine gun. "The gold miners want hash, chili beans, chewing tobacco and cheap beer; the retired baby boomers want kilo-مات stones, oyster mushrooms and other specialty items. The average, everyday person wants Best Foods Mayonnaise (the 32 oz. jar), Wonder Bread, vanilla ice cream and Budweiser. The cimmpers want lots of ice and the cyclists need gallons of water!"

Today, Larson runs a small law practice out of the back of the grocery store. Like something out of a TV sitcom, the grocery store lawyer has traveled full circle. "I pick and choose what I want to spend my time listening to lawyers every day telling me how to think." To this he replied, "Let's go out to dinner!"

"The problem solving pair have produced a unique grocery store that caters to a wide variety of tastes and needs. "We surveyed the residents of the town before opening, asking them what types of food they wanted. We quickly learned of food allergies and special dietary needs - diabetics, wheat allergies, lactose intolerance. I had never seen it before."

By Mark Storer '89
Peter McDermott seems to be having a hard time determining what kind of doctor he wants to be. After 35 years as a successful physician, the Camarillo resident has decided it’s time to redefine himself. Having reached the pinnacle of his profession, the confident, proactive anesthesiologist recently chose to embark on a new path of self-discovery—one that would result in his pursuing a very different career.

“I wanted to see if I could refashion myself in another intellectual arena,” the 66-year-old physician recalls with a twinkle in his eye. “It’s important that you retire into something, rather than just retire,” he continues. “I considered going to law school or business school. That would have been a useful and productive thing to do, but it wouldn’t have been intellectually satisfying.”

McDermott’s journey of self-discovery began when he received his bachelor’s degree in 1992. He had just finished four years of medical school, and the 28-year-old faced the daunting task of adjusting his anesthesia schedule to work night calls and weekends. “I got up at 4 a.m. to do homework and then go to work,” he says reminiscing on his hectic schedule. The following semester, he took classes three days a week and completed his bachelor’s degree in 1995. In 1998 he took his oral boards and accepted a position as an anesthesiologist at Santa Rosa Memorial Hospital in Oxnard, as president of the American Society of Anesthesiologists in 1994. He also provided leadership to the Venture County Medical Society (1988).

McDermott’s first class at California Lutheran University was a course in Asian history. Like many reentry students, he found going back to college a bit intimidating, especially when he discovered that nearly half the students in his first class were of Asian descent. “Thinking back, however, I remember how exhilarating the class was,” he says with a smile. “I was so happy to be able to witness the final exams and realize I could really do this. What a joy!”

In 1993 McDermott became president of the American Society of Anesthesiologists and traveled throughout the country attending meetings and speaking at medical schools and conferences. “I decided to focus on something dramatically different—something that would challenge my intellect and lead him in a new direction,” he says. In 1999, McDermott decided to focus on something dramatically different—something that would challenge his intellect and lead him in a new direction.

McDermott’s journey of self-discovery, which started with an evening class at CLU in 1990, came to a climax this summer when he completed his doctoral degree in 17th century British studies at University of California Santa Barbara. “This is a completely new and different way of thinking,” he notes. “It’s not completely connected with the new medical facility where he took a summer class on John Winthrop and Oliver Cromwell.”

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Philanthropist Gives More Than Money

By Elaine Bendison

Jeanette Martinez ’97 describes her recent philanthropic donation as “nothing out of the ordinary. ‘It was not such a big sacrifice,’” says the CLU alum.

But in our often busy, self-centered world, what Martinez did was quite extraordinary. In April, she came to the aid of a dying friend, Julie Shamba, by giving her one of her healthy kidneys.

A week after the revolutionary laparoscopic surgery, Martinez was up and about, having suffered little post-operative pain. And Shamba, a diabetic who had felt her life slipping away, experienced a surge of renewed energy.

The two women met when Shamba volunteered at the U.S. Transplant Games, which are put on by the National Kidney Foundation where Martinez is an executive. “The world would be a lesser place without Julie…it would be a tragedy to lose someone like her,” says Martinez of her friend.

Their surgeries reflect two new trends in kidney transplants in the United States: an increase in live donors not related to recipients and the use of a laparoscopic procedure using tiny tubes rather than long incisions. Patients undergoing laparoscopic procedures require half as much pain medication and reportedly experience less pain than patients who have the traditional incision surgery.

Before working for the National Kidney Foundation, Martinez admits she was oblivious to the need for organ donations and the new surgical process. However, after meeting donors and recipients through her work, she realized the needs of so many patients. So, when the opportunity arose for Martinez to make a difference, she knew that, despite family opposition, she would have no qualms about undergoing the procedure in order to save a life.

Today, Martinez is feeling well physically as well as philanthropically since Shamba’s new kidney is functioning well. “I am just grateful for the opportunity to help,” notes Martinez.
Alumni Educators Awarded Grants

Each year several Ventura County educators are honored for their involvement in Impact II, a program that encourages schools and businesses to work together. Sponsored locally by the Ventura County Economic Development Association (VCEDA), the Ventura County Superintendent of Schools and the Ventura County Star, Impact II is a national curriculum sharing and recognition program for teachers in kindergarten through 12th grade. More than 30 cities throughout the United States have Impact II business/school partnerships, and several thousand teachers are selectively chosen members nationwide. The award winners received grants ranging from $500 to $750 to be used in the classroom. Five of the 19 awards given this year went to the following CLU alumni:


Jeanne Brashac, San Antonio, Texas, is a peace officer with the San Antonio Independent School District Police Department. David Fortune, Savannah, Ga., is Executive Vice President and Chief Credit Officer for Mesa, East Valley Community and Valley First Community banks.

Rhonda (Paulson) Sias, Half Moon Bay, Calif., is a senior public accounting firm: William McCaffrey Jr., Lawrenceville, Ga., is Program Director for Mission to the World, an overseas mission agency for the Presbyterian Church of America. Peter Sandberg, Heidelberg, Germany, would welcome mail at CMR 420 Box 1718 AP2 09890. Steve Tamburrino, Jacksonville Beach, Fl., works in the Computer Aided Drawing Department at Power & Merritt Inc., architectural firm. He also mentors school students at his church. Darlene Williams, Las Vegas, Nev., is a National Sales Manager for R & A SoftLine Hotel/Casino.

Tori Nordin, Phoenix, Ariz., is a scheduler with Goodrich. Mark Binkley, Willowbrook, Calif., is a drilling engineer with Halliburton. David Fortune, Savannah, Ga., is a science teacher at Savannah High School. Donald McVay, Hollywood, Calif., is a financial associate with Thrivent Financial for Lutherans.

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Arthur Farrar (MS). Monterey, Calif., is a chair of the Administrative of Justice Department at Monterey Peninsula College. Greg Zorn with Santa Margarita, Calif., is Senior Pastor of Community Lutheran Church.

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If you are interested in helping to plan your 25-year reunion, please e-mail alumni@clu.net.

Class Representative
Thomas Bardin, Bellary, Texas, is a manager with Chevron Texaco. Thomas Kirkpatrick, Upland, Calif., is a quality control supervisor for the American Red Cross.

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Cribnotes

Auchbrenner, Jace William was born to Marcie (Hayebush '95) and Jeff '94 Auchbrenner on March 30, 2002.

Berg, Bjorn Edward was born to Ansu (Bussehoff '98) and Christian '98 Berg on June 29, 2002.

Boheno, Jaedyn Noel was born to Adele (Iniguez '92) and Eric Boheno on Feb. 12, 2001.

Bosley, Ray Clifford was born to Elizabeth (Eichele '91) and Cliff Bosley on Dec. 2, 2001.

Bump, Fiona Rose was born to Kirsten (Burgh '90) and Stefan Bump on July 2, 2002.

Byrne, Justin Alexander was born to Sandra and James '87 Byrne on March 2, 2002.

Byrne-Sarno, Aidan Joseph was born to Francine '90 Byrne and Charlie Sarno on Sept. 13, 2002.

Chapman, Mitchell Alan was born to Natalie and David '94 Chapman on April 23, 2002.

Cappinger, Markus Louis was born to Janis and Rob '95 Cappinger on June 17, 2002.

Cribnotes

Gauna, Kaitlyn was born to Jennifer (Dobson '91) and Humberto Gauna on July 23, 2001.

Hobbs, Douglas Edgar was born to Angela and Kevin '99 Hobbs on Oct. 25, 2002.

Hoek, Keaton Arie was born to Darcy (Cullay '92) and Dan Hook on Aug. 27, 2001.

Hoffstatteter, Timothy William was born to Catherine (Davis '94) and Gary Hoffstatteter on May 14, 2002.

Johnson, Kade William was born to Jayne (Houh '96) and Keith (38) Johnson on June 3, 2002.

Johnson, Rebecca June was born to Jules (Peterson '84) and Terence Johnson on Feb. 1, 2002.

Kelly, Jack Ryan was born to Jennifer and Sean '94 Kelly on Feb. 27, 2002.

Kuhlmann, Ian Michael was born to Susan (Gunderson '84) and Michael Kuhlmann on Nov. 29, 2001.

Lewellen, Ian Davis was born to Andrea (Bjornson '94) and Charlie Lewellen on July 9, 2002.

Schuler, Schuler Alexander was born to Jennifer and Michael '94 Schuler on March 18, 2002.

Schultz, Victoria Christine was born to Carrie and Scott '90 Schultz on May 1, 2002.

Sawpwell, Kalani Bo was born to Cindy ('88) and Rupert '94 Sawpwell on May 31, 2002.

Schefer, Scheder Alexander was born to Jennifer and Michael '94 and Michael Scherer on March 18, 2002.


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The calling team raised more than $3,000.00 in just three nights by calling members of their class!

Special thanks to callers Eric Berg, Todd Benson, Cody Hartley, Denise (Matthews) Bickers, Mark Martis, Jenny Peters-Brooks, Reggie Bay, Matt Smuts and Steve Wolfe.

Thank You of Class of ’93

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Erin Berg
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Stacy (Weir) Morgan, Lubbock, Texas, works part time as a psychologist at Lubbock State Bank. Rebecca (Martin) Rivers, Simi Valley, is a pilot with United Airlines.

Class Steward

Bill Ewing
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Geraldine (Spencer) Birch, Sedona, Ariz., had her first novel, City of Refuge, published by Island Books Library.

Kirsten (Burch) Bump, Bremerton, Colo., is Program Officer for the Serinus Foundation. Ed Hindrix, Camarillo, Calif., is a freelance artist and autopsist enthusiast. He maintains a 1990 Mazda Miata that he raced in Car and Driver Magazine’s One Lap of America cross-country charity event. Ann (Smith) Henrikson, Burbank, Calif., completed her second year as an intake counselor at the Psychosomatic Medical Center in Los Angeles.

Jeff Osburn, M.D., Prescott, Ariz., started his own family practice residency and is working in Maui.

Class Steward

Todd Arrowmith
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arrowsmith@attbi.com

Class Steward

Carrie (Jurgensmeyer) Fisk
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San Clemente, CA 92673
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Bryan Allen, Ventura, Calif., was promoted to Major in the Air National Guard last year. Sharon (Siegel) Amundson, Newbury Park, Calif., is a senior tax accountant for a national food company. She also works as an independent CPA. Carrie (Jurgensmeyer) Fisk, Mission Viejo, Calif., is Assistant Director of Placement at Concordia University in Irvine and also teaches in the credential program.

Marla Goodwyn (MBA), Vonda Linda, Calif., is Director of Sales for the Southern California Region of Verizon Wireless.

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For more information on how you can support the Class of ’92’s reunion efforts, please contact Carrie (Jurgensmeyer) Fisk at carrifisk@uci.edu or call 949-293-2778.

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Special thanks to callers Eric Berg, Todd Benson, Cody Hartley, Denise (Matthews) Bickers, Mark Martis, Jenny Peters-Brooks, Reggie Bay, Matt Smuts and Steve Wolfe.

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Class Steward

Carrie (Jurgensmeyer) Fisk
22064 Via Santiago
San Clemente, CA 92673
carrifisk@uci.edu

Bryan Allen, Ventura, Calif., was promoted to Major in the Air National Guard last year. Sharon (Siegel) Amundson, Newbury Park, Calif., is a senior tax accountant for a national food company. She also works as an independent CPA. Carrie (Jurgensmeyer) Fisk, Mission Viejo, Calif., is Assistant Director of Placement at Concordia University in Irvine and also teaches in the credential program.

Marla Goodwyn (MBA), Vonda Linda, Calif., is Director of Sales for the Southern California Region of Verizon Wireless.

Bill Ewing
2722 N. Cottamwood St.
Orange, CA 92865
weilang@mac.com

Thank You of Class of ’92

A special thank you goes to the Class of ’92 Calling Team who conducted a phonathon to raise money for the CLU Annual Fund in honor of their 10-year reunion. The calling team raised more than $3,000.00 in just three nights by calling members of their class!

Special thanks to callers Eric Berg, Todd Benson, Cody Hartley, Denise (Matthews) Bickers, Mark Martis, Jenny Peters-Brooks, Reggie Bay, Matt Smuts and Steve Wolfe.
Speaker series this summer

Shawna (Patterson) Gutierrez, Moorpark, Calif., published her first book, "Jumbo Reflections," under the name S. S. Patterson. It is available at www.s3ilibris.com as well as through Borders, Barnes & Noble and Amazon.com. Shannon (Batesford) Hans, Thousand Oaks, Calif., is Major Account Manager for the Fontion County State Stephanie (Gaines) Jamison, Simi Valley, Calif., is Director of Sales at Westlake Village Inn. Laurie Nelson, Simi, Calif., is financial controller for a nationwide insurance services company. Her e-mail address is laruer@point sierra.stewart@mindspring.com

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Class Representative

Brenda Lewis
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brendalewis@pacelist.net

Class Representative and Event Coordinator

Sierra (Brown) Stewart
7084 Munroe Court
Dublin, CA 94568
sierra.stewart@mindspring.com

Class Steward

Justin Knight
655 haywood Lane #B
Simi Valley, CA 93065
justin.knight@inno.com

Antoanella (Ismeneacu) Bardon, M.D., La Jolla, Calif., received an M.D. in internal medicine from the University of California, San Diego. Cara (Campbell)

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Harrington, Wood Ranch, Calif., is a dental hygienist with El Dorado Dental Center. Jayme (Housh) Johnson, Burbank, Calif., received a master’s in educational technology from Pepperdine University in July. Lia (Layton) Olsen, Irvine, Calif., received an eight-grade teaching position in the Westminster School District. Nate Olsen, Irvine, Calif., received an M.S. in kinesiology from Louisiana State University in 1999. Kirsten (Stangeland) Moore, Elk Grove, Calif., is Youth and Family Ministries Coordinator at St. John’s Lutheran Church in Sacramento. Heather (Embley) Roschke, Chicago, Ill., teaches in the inner city in South Chicago.

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Spring 2001,
Ventura County is Major Account Manager Laurie Nelson, Simi Valley, Calif., Jamison, at www1.xlibris.com as well published her first book, "Jumbo Reflections," under the name S. S. Patterson. It is available at www.s3ilibris.com as well as through Borders, Barnes & Noble and Amazon.com. Shannon (Batesford) Hans, Thousand Oaks, Calif., is Major Account Manager for the Fontion County State Stephanie (Gaines) Jamison, Simi Valley, Calif., is Director of Sales at Westlake Village Inn. Laurie Nelson, Simi, Calif., is financial controller for a nationwide insurance services company. Her e-mail address is laruer@point sierra.stewart@mindspring.com

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ed julius is a professor of business administration at clu. he is the author of six crossword puzzle books published by bantam books, and for 25 years, he has taught a syndicated weekly crossword for college newspapers. he has received his master’s degree in business administration from clu, and he is the creator and producer of the syndicated weekly crossword for college newspapers. ed julius has also written several books on business and finance, and he is a frequent speaker at business conferences and seminars. ed julius is the founder and president of creative business solutions, a company that specializes in creating top-quality crossword puzzles for newspapers and magazines. ed julius has been a leading figure in the world of crossword puzzles for over 25 years, and his work has been featured in some of the most prestigious publications in the world. his dedication to crossword puzzles has made him one of the most respected and influential crossword puzzle creators of his time.
2003 Concert Season
The CLU Choir is coming to a town near you...

Saturday, March 22
Our Saviour’s Lutheran Church
Tucson, Ariz.

Sunday, March 23
(morning worship service)
Tanque Verde Lutheran Church
Tucson, Ariz.

Sunday, March 23
Mountain View Lutheran Church
Phoenix, Ariz.

Monday, March 24
Lord of Life Lutheran Church
Sun City West, Ariz.

Wednesday, March 26
Community Lutheran Church
Las Vegas, Nev.

Thursday, March 27
Incarnation Lutheran Church
Poway, Calif.

Friday, March 28
Red Hill Lutheran Church
Tustin, Calif.

Tuesday, April 1
Samuelson Chapel
California Lutheran University

For specific information and concert times, contact the CLU Music Department at (805) 493-3305.