

Learning Objectives:

- * Develop understanding of organizational and office culture
- * Learn about the process of planning and conducting community events
- * Develop and refine professional skills
- * Build upon interpersonal skills through community activities



Projects/Activities:

- * Planned & set-up for "Walk to end ALZ" events (folding shirts, assembling flowers, organization, etc.)
- * Organized office library
- * Created a coloring/activity book for kids and informational packet for teens and adults to understand dementia
- * Created synopses for individuals who request funding for the care of those with dementia and Alzheimer's Disease.



Introduction:

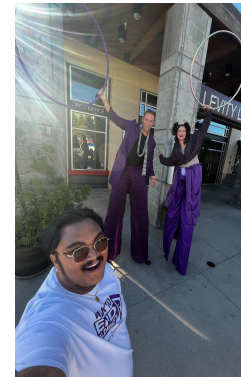
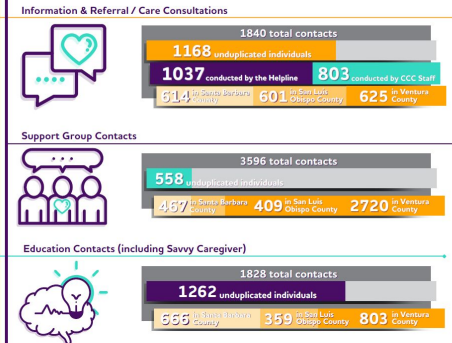
The Alzheimer's Association internship was from August 2022 through December 2022. My major duties were under the Care and Support Development department focusing on the programs and services mainly in Ventura County, but also the surrounding regions of San Luis Obispo and Santa Barbara counties. The main focus was to provide programs and activities for individuals dealing with or supporting someone with Alzheimer's Disease.



Responsibilities:

- Throughout my time at AA-CCC, I was responsible for various tasks:
- * Working alongside professional staff in programs and services offered at the office
 - * Help prepare for "Walk to end ALZ" events
 - * Volunteer at event with tabling, set up and clean up.
 - * Aided the professional staff in their daily tasks

CCC PROGRAMS FY2022 SUMMARY



Lessons Learned:

I learned that individuals need the necessary resources to understand this disease. We can only do so much as an organization to educate others, but it is never too late to learn about the effects of Alzheimer's Disease early on, so that people can act upon it at an early rate rather than it being too late!

References

A huge thank you to Kaiser Permanente for the choosing me to be a scholarship recipient to help fund my internship endeavors! Thank you Kathryn Westland for teaching me everything I needed to know during my time at AA-CCC!